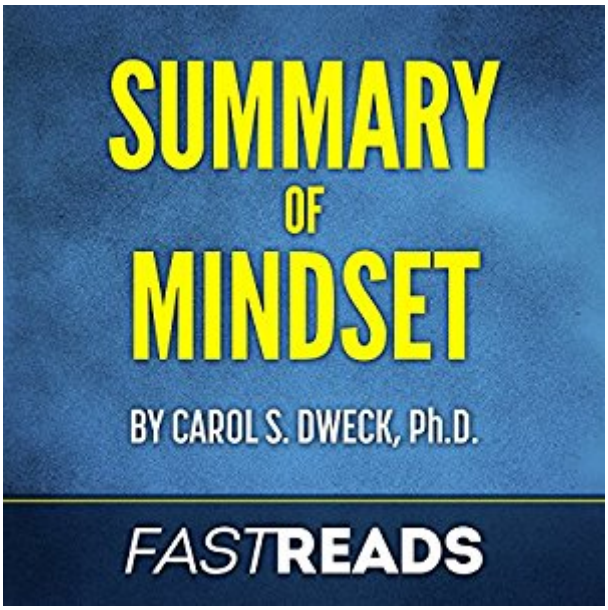
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Summary Of Mindset By Carol Dweck: Includes Key Takeaways & Analysis



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Synopsis

Don’t miss out on the groundbreaking theory behind Carol S. Dweck’s Mindset: The New Psychology of Success. This summary includes full chapter synopses, key takeaways, and analysis to help you quickly soak up the essence of her deep insight. Follow her simple steps to turn your fixed mindset into a growth mindset and change your life! What will you learn from this book? An understanding of why self-help books never helped you actually help yourself before Knowledge about the two most common mindsets and which one best fits you Examples of ways that a fixed mindset can keep students, athletes and even CEOs terrified of failure and unable to push themselves towards success The ways that a growth mindset can transform your life by making you less concerned with failure and more likely to take big risks What it means for your love life to see your partner from a growth mindset The best ways to help your child move from a fixed mindset to a growth mindset The ways to make the growth mindset part of a long term change in your life Please note: this is a summary and analysis of the book and not the actual book.

Book Information

Audible Audio Edition
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Language: English
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Best Sellers Rank: #64 inÃ Â Books > Audible Audiobooks > Nonfiction > Study Aids #78 inÃ Â Books > Audible Audiobooks > Fiction & Literature > Literary Criticism #719 inÃ Â Books > Literature & Fiction > History & Criticism > Movements & Periods

Customer Reviews

This is a perfect read to determine how can you maintain your positive mindset and how could you manage your task through mindset. Alos availabe another aspect that how can you make mindset to achieve your goals thanks.

This summary was a great and quick read. I would recommend it to someone who wants to learn the basics of mindset changes.

This book has some interesting concepts proposed about applying praise. If you don't read the whole book, versus just the summary, there is potential to disagree with Dr. Dweck. For me, the book made it clear that you should praise the process instead of the outcome.

This truly was a book that all should read,if you want to change you mindset,for only you can change YOU...it feels so good wanting to be the best that you could be, but putting it to practice is amazing once you give in to yourself and pay close attention to your actions,feelings toward others and wishing all people well. Thank you for making me aware of this factor I have for so long overlooked.

I agree with the books premise but i don't feel there was much if any suggestions to help move a person from one mind set to another

I would highly recommend this summary quick read. Informative and insightful, I will be reading the full text shortly. Regards

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